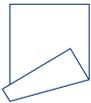


## SUPINE POSITION - FOWLER TAILBONE RELIEF

- Tailbone, spine, shoulder and heels decubitus



Fold line



- 1**  
No force (do not forcefully push or pull on the patient).
- 2**  
Always leave a hand's breadth of space.
- 3**  
Fill all of the spaces where the patient's body does not make contact with the pillow.
- 4**  
Smooth the area where the patient touches the pillow to relieve any air pressure.
- 5**  
Provide opposite support to the patient in a lateral position.